

# MORE MUSTARD.

( PLUS MOUTARDE )

## One-Step



### Directions for Dancing The One-Step

1. Walk backward four steps, beginning with the Right foot, counting 1, 2, 3, 4 and taking one step on each count. These four steps take..... 2 Bars of Music

Walk forward four steps, beginning with the Right foot, counting 5, 6, 7, 8 and taking one step on each count..... 2 Bars

2. (The Turn) Swing the Right foot around to the right and backward; at the same time make a quarter turn to the right, with the body, count 1; swing the Left foot around to the right and forward; at the same time make another quarter turn to the Right with the body, count 2; swing the Right foot around again to the right and backward; at the same time make a quarter turn to the right with the body, count 3; swing the Left foot around again to the right and forward; at the same time make a quarter turn to the right with the body, count 4 ..... 2 Bars

Repeat No. 2..... 2 Bars

3. (The Grape Vine) Advance the Left foot forward and in front of the Right foot, count 1; step to the right side with the Right foot, count 2; swing the Left foot around and back of the Right foot, count 3; step to the right side with the Right foot, count 4 ..... 2 Bars

Repeat No. 3 three times ..... 6 Bars

The above directions are for the lady. The gentleman uses his Right foot when the lady uses her Left foot and his Left foot when she uses her Right foot. The gentleman also steps forward when the lady steps backward and backward when the lady steps forward.

For more explicit directions and for other steps to be used in the One-Step and for directions for other modern dances, address The Associated Music Publishers Co., 137 W. Fourth St., Cincinnati, O.

By

50

# LOUIS MENTEL.

COMPOSER OF  
MENTEL'S HESITATION WALTZ  
MENTEL'S TANGO ETC.

PUBLISHED BY  
LOUIS MENTEL  
CABLE PIANO BLDG. ... CINCINNATI, O.



# More Mustard

## One-Step

LOUIS MENDEL

Composer of {  
Mentel's Hesitation Waltz  
Mentel's Tango etc.

The first system of musical notation consists of two staves. The upper staff is in treble clef and the lower staff is in bass clef. The key signature has one flat (B-flat) and the time signature is 2/4. The music begins with a forte (*f*) dynamic marking. The melody in the treble clef starts with a quarter note G4, followed by quarter notes A4, Bb4, and C5. The bass line starts with a quarter note G2, followed by quarter notes F2, E2, and D2. The system concludes with a double bar line.

The second system of musical notation continues the piece. The treble clef staff features a melody of quarter notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass clef staff continues with quarter notes: D2, C2, Bb1, A1, G1, F1, E1. The system ends with a double bar line.

The third system of musical notation continues the piece. The treble clef staff features a melody of quarter notes: F4, G4, A4, Bb4, C5, Bb4, A4, G4. The bass clef staff continues with quarter notes: D2, C2, Bb1, A1, G1, F1, E1. The system ends with a double bar line.

The fourth system of musical notation concludes the piece. The treble clef staff features a melody of quarter notes: F4, G4, A4, Bb4, C5, Bb4, A4, G4. The bass clef staff continues with quarter notes: D2, C2, Bb1, A1, G1, F1, E1. The system ends with a double bar line.

First system of musical notation. The treble clef staff contains a melodic line with eighth-note patterns and rests, marked with a *mf* dynamic. The bass clef staff provides a harmonic accompaniment with chords and moving lines.

Second system of musical notation. The treble clef staff continues the melodic line with eighth-note patterns. The bass clef staff features a more active accompaniment with eighth-note chords.

Third system of musical notation. The treble clef staff continues the melodic line. The bass clef staff continues the accompaniment with eighth-note chords.

Fourth system of musical notation. The treble clef staff continues the melodic line. The bass clef staff continues the accompaniment with eighth-note chords.



First system of musical notation, consisting of a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The music is in a key signature of one flat (B-flat major or D minor) and a 4/4 time signature. The upper staff features a melodic line with eighth and sixteenth notes, while the lower staff provides a harmonic accompaniment with chords and single notes.

Second system of musical notation, continuing the piece. It maintains the same key signature and time signature. The melodic line in the upper staff shows some chromatic movement, and the bass line continues with a steady accompaniment.

Third system of musical notation. The upper staff has a more active melodic line with some triplets and sixteenth notes. The bass line remains accompanimental.

Fourth system of musical notation, beginning with the section labeled "TRIO". The key signature changes to two flats (B-flat major or D minor). The music is marked *mf* (mezzo-forte). The upper staff features a melodic line with some rests, and the bass line has a simple accompaniment.

Fifth system of musical notation. The upper staff has a melodic line with some rests and a slur over a few notes. The bass line continues with a simple accompaniment.

Sixth system of musical notation, ending with a double bar line. The upper staff has a melodic line with a slur and a first ending bracket labeled "1". The bass line continues with a simple accompaniment.



First system of musical notation, featuring a treble and bass clef. The treble staff contains a series of chords and melodic lines, with a slur over the second and third measures. The bass staff provides a steady accompaniment of chords.

Second system of musical notation, continuing the piece. The treble staff shows a continuation of the melodic and harmonic material, with a slur over the second and third measures. The bass staff maintains the accompaniment.

Third system of musical notation. The treble staff features a slur over the first and second measures. The bass staff continues with the accompaniment.

Fourth system of musical notation. The treble staff has a slur over the fourth and fifth measures. The bass staff continues with the accompaniment.

Fifth system of musical notation. The treble staff has a slur over the third and fourth measures. The bass staff continues with the accompaniment.

Sixth system of musical notation, the final system on the page. The treble staff has a slur over the fifth and sixth measures. The bass staff concludes the piece with a final chord and melodic line.